

Client Information Packet

Please complete all 6 pages (front and back). When you are finished, let me know that you are ready and we will begin our session.

A. Identification		
our name:	Date of birth:	Age:
Nicknames or aliases:	Social Security #	# :
Home street address:		Apt.
City:	State:	Zip:
Home/evening phone:	E-mail:	
Calls or e-mail will be discreet, but pl	ease indicate any restrictions:	
B. Insurance Subscriber Inforn	mation	
B. Insurance Subscriber Inforn	mation	
B. Insurance Subscriber Inform Name: Insurance ID#:	Date of birth:	
Name:	Date of birth:	
Name:	Date of birth: Group#:	Apt.
Name: Insurance ID#: Home street address: City:	Date of birth: Group#: State:	Apt.
Name: Insurance ID#: Home street address:	Date of birth: Group#: State: Employer:	Apt.
Name: Insurance ID#: Home street address: City: Home/evening phone:	Date of birth: Group#: State: Employer: ne to call?	Apt. Zip:

How did this person explain how I mig	ht be of help to you?
D. Your medical care: From whom	n or where do you get your medical care?
Clinic/doctor's name:	
Address:	
If you enter treatment with me for psyc	chological problems, may I tell your medical doctor so that he or oordinate your treatment? □Yes □No
E. Your current employer	
Employer:	Address:
Work phone:	Calls will be discreet, but please indicate any
restrictions:	
F. Chief concern	
	ılty that has brought you to see me:
G. Treatment	
I. Have you ever received psychological before?□ No □ Yes If yes, please indicate:	al, psychiatric, drug or alcohol treatment, or counseling services
When?	
From whom?	
For what?	

2. Have you ever taken medications for psychiatric or emotional problems? ☐No ☐Yes
If yes,please indicate:
When?
From whom?
Which medications?
For what?
With what results?
H. Relationships in your family of origin. Please describe the following:
I. Your parents' relationship with each other:
2. Your relationship with each parent and with other adults present:
3. Your parents' physical health problems, drug or alcohol use, and mental or emotional difficulties:
4. Your relationship with your brothers and sisters, in the past and present:

I. Abuse history: □ I was not abused in any way. □ I was abused.					
If you were abused, please indicate the following. For kind of abuse, use these letters: P = Physical, such as beatings. S = Sexual, such as touching/molesting, fondling, or intercourse. N = Neglect, such as failure to feed, shelter, or protect. E = Emotional, such as humiliation, etc.					
Your age Kind of abuse By whom? Effects on you?					
Whom did you tell? Consequences of telling?					
J. Present relationships I. How do you get along with your present spouse or partner? 2. How do you get along with your children?					

Names	Good parts of relationship	Bad parts of relationship
K. Chemica I. Have you e	al use ever felt the need to cut down on yo	our drinking? □No □Yes
2. Have you	ever felt annoyed by criticism of you	r drinking? □No □Yes
3. Have you	ever felt guilty about your drinking?	□No □Yes
4. Have you	ever taken a morning "eye-opener"?	□No □Yes
5. How much	beer, wine, or hard liquor do you o	consume each week,on the average?
6. Are there	times when you drink to unconsciou	usness, or run out of money as a result of drinking?
7. How much	tobacco do you smoke or chew ea	ch week?
8. Have you	ever used inhalants ("huffing") such a	as glue, gasoline, or paint thinner? □No □Yes
If yes, which	and when?	
9. Which dru	gs (not medications prescribed for y	you) have you used in the last 10 years?
	e details about your use of these dr neir effects, and so forth:	ugs or other chemicals, such as amounts, how often you

3. Your important friends, past and present:

L. Legal history
I. Are you presently suing anyone or thinking of suing anyone? \square No \square Yes If yes, please explain:
2. Is your reason for coming to see me related to an accident or injury? □No □Yes If yes, please explain:
3. Are you required by a court, the police, or a probation/parole officer to have this appointment? ☐ No ☐ Yes If yes, please explain:
4. List all the contacts with the police, courts, and jails/prisons you have had. Include all open charges and pending ones. Include dates, charges, jurisdiction (F = federal, S = state,Co = county, Ci = city), type of sentence you served or have to serve (AR = accelerated or alternate resolution,CS = community service F = fine, I = incarceration, Pr = probation, Po = parole, O = other, R = restitution), and probation/parole information.
6. Are there any other legal involvements I should know about?
M. Other
Is there anything else that is important for me as your therapist to know about, and that you have not written about on any of these forms? If yes, please tell me about it here or on another sheet of paper: